

Napierala Lab protocol for human skin fibroblast culture (May 2022)

Necessary Reagents

Reagent	Company	Catalog Number
DMEM, high glucose	Gibco/Life Technologies	11965-092
Fetal bovine serum	Hyclone	SH30910.03
MEM Non-essential amino acids (NEAA)	Gibco/Life Technologies	11140-050
0.25% Trypsin-EDTA, phenol red	Gibco/Life Technologies	25200-056
DPBS (1X)	Gibco/Life Technologies	14190-144

Fibroblast Medium recipe:

DMEM, high glucose

15% fetal bovine serum (FBS)

1% MEM Non-essential amino acids (NEAA)

Thawing cells

- 1.) Preparation: warm Fibroblast Medium in a 37°C waterbath and add 5 mL to new 15 mL conical tubes (1 per cell line)
- 2.) Take vials from liquid nitrogen dewar
- 3.) Rapidly thaw vials in a 37°C waterbath until just a small piece of ice remains (< 5 min)
- 4.) Using aseptic technique, immediately transfer the cell suspension from the vial (1-2 mL) into the 15 mL conical tube containing 5 mL of pre-warmed Fibroblast Medium
- 5.) Spin the cells at 200 x g for 5 min at room temperature
- 6.) Aspirate medium without disturbing pellet and flick the bottom of the tube with your finger gently to dislodge the cells
- 7.) Resuspend cells in 8 mL Fibroblast Medium and transfer to a new, labeled 10 cm plate
- 8.) Add another 2 mL of Fibroblast Medium to the 15 mL conical tube, rinse, and transfer to the same 10 cm plate
- 9.) Gently rock the plate from side to side several times to disperse the cells evenly across the bottom
- 10.) Place in an incubator (37°C, 5% CO₂) overnight

- 11.) The following day, aspirate medium from each plate and replace with 10 mL fresh Fibroblast Medium (medium should be warmed to 37°C)
- 12.) Fibroblast Medium will need to be changed every 3 days until cells reach confluence

Splitting/passaging cells (general)

- 1.) Warm the Fibroblast Medium, trypsin, and PBS in a 37°C waterbath
- 2.) Aspirate medium from plates
- 3.) Add 3 mL warm PBS to the plate, and gently rock from side to side to rinse the cells, then aspirate
- 4.) Add 2 mL of trypsin and place plate into a 37°C incubator for 3-5 min
- 5.) Prepare new 10 cm plates by labeling and adding 8 mL Fibroblast Medium** to each
- 6.) Take the cells from the incubator and gently tap the sides of the plate to dislodge the cells
- 7.) Add 8 mL Fibroblast Medium and pipet up and down to disperse cells into solution (no visible clumps should remain)
- 8.) Pipet 2 mL of the cell suspension** into each new 10 cm plate

**NOTE: the above ratio (1:5 split) is for routine culture and can be modified to suit experimental purposes. Generally, 1×10^6 fibroblasts/10 cm plate is sufficient for propagation/expansion and will take approximately 7 days to reach confluence.

- 9.) Gently rock the plate from side to side several times to disperse the cells evenly across the bottom
- 10.) Place in an incubator (37°C, 5% CO₂) and check cells the following day to verify attachment